



Has successfully completed requirement(s):

- T 1. Present yourself to your leader before going on an overnight camping trip. Show the camping gear you will use and the right way to pack and carry it.
- T 2. Spend at least one night on a patrol or troop campout. Sleep in a tent you have helped pitch.

Date: \_\_\_\_\_ SM: \_\_\_\_\_



Has successfully completed requirement(s):

- T 3. On the campout, assist in preparing and cooking one of your patrol's meals. Tell why it is important for each patrol member to share in meal preparation and cleanup, and explain the importance of eating together.

Date: \_\_\_\_\_ SM: \_\_\_\_\_



Has successfully completed requirement(s):

- T 4. a. Demonstrate how to whip and fuse the ends of a rope.
- b. Demonstrate you know how to tie the following knots and tell what their uses are: two half hitches and the taut-line hitch.

Date: \_\_\_\_\_ SM: \_\_\_\_\_



Has successfully completed requirement(s):

- T 5. Explain the rules of safe hiking, both on the highway and cross-country, during the day and at night. Explain what to do if you are lost.
- 2<sup>nd</sup> 1b. Using a compass and a map together, take a 5-mile hike (or 10 miles by bike).

Date: \_\_\_\_\_ SM: \_\_\_\_\_



Has successfully completed requirement(s):

- T 6. Demonstrate how to display, raise, lower, and fold the American flag.
- S 4. Participate in a flag ceremony for your school, religious institution, chartered organization, community, or troop activity.

Date: \_\_\_\_\_ SM: \_\_\_\_\_



Has successfully completed requirement(s):

- T 7. Repeat from memory and explain in your own words the Scout Oath, Law, motto, and slogan.

Date: \_\_\_\_\_ SM: \_\_\_\_\_



Has successfully completed requirement(s):

- T 8. Know your patrol name, give the patrol yell, and describe your patrol flag.

Date: \_\_\_\_\_ SM: \_\_\_\_\_



Has successfully completed requirement(s):

- T 9. Explain why we use the buddy system in Scouting.

Date: \_\_\_\_\_ SM: \_\_\_\_\_



Has successfully completed requirement(s):

- T 10. a. Record your best in the following tests: Push-ups, Pull-ups, Sit-ups, Standing long jump, 1/4 mile walk/run
- b. Show improvement in the activities listed in requirement 10a after practicing for 30 days.

Date: \_\_\_\_\_ SM: \_\_\_\_\_



Has successfully completed requirement(s):

- T 11. Identify local poisonous plants; tell how to treat for exposure to them.
- F 6. Identify or show evidence of at least ten kinds of native plants found in your community.

Date: \_\_\_\_\_ SM: \_\_\_\_\_

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Has successfully completed requirement(s):



T 12. Tenderfoot first aid.  
S 7. Second Class first aid.  
F 8. First Class first aid.

Date: \_\_\_\_\_ SM: \_\_\_\_\_

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Has successfully completed requirement(s):



S 1. a. Demonstrate how a compass works and orient a map. Explain map symbols.  
F 1. Demonstrate how to find directions without using a compass.  
F 2. Complete an orienteering course that covers at least one mile and requires measuring the height and/or width of designated items (tree, tower, canyon, ditch, etc.)

Date: \_\_\_\_\_ SM: \_\_\_\_\_

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Has successfully completed requirement(s):



S 3. a. Participated in five separate troop/patrol activities, two of which included camping overnight.  
S 3. b. On one of these campouts, select your patrol site and sleep in a tent that you pitched.

Date: \_\_\_\_\_ SM: \_\_\_\_\_

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Has successfully completed requirement(s):



S 3. c. On one campout, demonstrate proper care, sharpening, and use of the knife, saw, and ax; when should they be used.  
S 3. d. Use the tools to prepare tinder, kindling, and fuel for a cooking fire.

Date: \_\_\_\_\_ SM: \_\_\_\_\_

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Has successfully completed requirement(s):



S 3.f. Discuss when to use a cooking fire and a lightweight stove. Light a fire and a lightweight stove. Discuss safety.  
S 3.g. On one campout, plan and cook one meal. Explain the importance of nutrition. Tell how to transport, store, and prepare foods selected.

Date: \_\_\_\_\_ SM: \_\_\_\_\_

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Has successfully completed requirement(s):



S 5. Participate in an approved (minimum of one hour) service project.

Date: \_\_\_\_\_ SM: \_\_\_\_\_

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Has successfully completed requirement(s):



S 6. Identify or show evidence of at least ten kinds of wild animals (birds, mammals, reptiles, fish, mollusks) found in your community.

Date: \_\_\_\_\_ SM: \_\_\_\_\_

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Has successfully completed requirement(s):



S 8. a. Tell precautions for a safe swim.  
b. Scout swim test.  
c. Demonstrate water rescue methods.  
F 9. a. Tell precautions for a safe trip afloat.  
c. Show a line rescue both as tender and rescuer.

Date: \_\_\_\_\_ SM: \_\_\_\_\_

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Has successfully completed requirement(s):



S 9.a. Participate in a school, community, or troop program on the dangers of using drugs, alcohol, and tobacco, and other practices that could be harmful to your health. Discuss your participation in the program with your family.  
S 9.b. Explain three R's of safety/protection.

Date: \_\_\_\_\_ SM: \_\_\_\_\_



Has successfully completed requirement(s):

F 3. Since joining, have participated in ten separate troop/patrol activities (other than troop/patrol meetings), three of which included camping overnight.

Date: \_\_\_\_\_ SM: \_\_\_\_\_



Has successfully completed requirement(s):

F 4. a. Help plan a patrol menu that includes 1 brkfst, 1 lunch, 1 dinner; cooking two meals. Include foods from the food pyramid.  
b. Make a list showing the cost and amounts to fee 3 boys.  
c. Tell which utensils and gear will be needed.

Date: \_\_\_\_\_ SM: \_\_\_\_\_



Has successfully completed requirement(s):

F 4.d. Safe handling and storage of perishable food products. Dispose of camp garbage, cans, plastic containers, and other rubbish.  
e. On one campout, serve as your patrol's cook.

Date: \_\_\_\_\_ SM: \_\_\_\_\_



Has successfully completed requirement(s):

F 5. Visit and discuss with a selected individual approved by your leader (elected official, judge, attorney, civil servant, principal, teacher) your constitutional rights and obligations as a U.S. citizen.

Date: \_\_\_\_\_ SM: \_\_\_\_\_



Has successfully completed requirement(s):

F 7. a. Discuss when you should and should not use lashings.  
b. Demonstrate the timber hitch and clove hitch; use in square, shear, and diagonal lashings by joining two or more poles or staves together.  
c. Use lashing to make a useful camp gadget.

Date: \_\_\_\_\_ SM: \_\_\_\_\_



Has successfully completed requirement(s):

F 10. Tell someone who is eligible to join Boy Scouts, or an inactive Boy Scout, about your troop's activities. Invite him to a troop outing, activity, service project or meeting. Tell him how to join, or encourage the inactive Boy Scout to become active.

Date: \_\_\_\_\_ SM: \_\_\_\_\_