

How to Make a Survival Bracelet

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THE OUTDOORS AT YOUR DOORSTEP



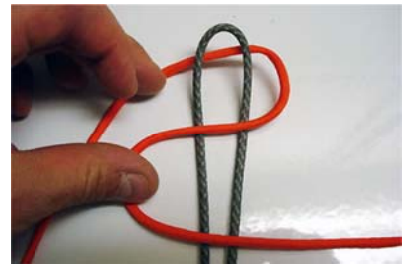
STEP 1

Cut a two-foot piece of cord and fold it in half. Wrap the doubled-up cord around your wrist. Pull the tag ends through the loop. Tie an overhand knot with the ends, adjusting the knot so you can slip a finger between the cord and your wrist.



STEP 2

Cut a second piece of cord, 7 feet in length. Lay it in front of you horizontally. Now place the base cord, with the loop at the top, over the middle of the seven-foot cord, forming a T.



STEP 3

Make a cobra knot. To start, take the cord on the right and bring it over the top of the base cord to form a Z.



STEP 4

Take the left cord and thread it down through the loop on the left side of the base cord. Go under the base cord and up inside the loop on the right. Pull tight.



STEP 5

Make sure the overhand knot will fit through the small loop at the top of the base cord. Next, starting on the left, reverse the process. Begin by, this time, making an S.



STEP 6

To finish reversing the step, bring the right cord down through the loop right of the base cord. Go under the base cord and up inside the loop on the left. Pull tight.



STEP 7

You've now completed the first cobra knot. Continue making cobra knots until you are about one-quarter of an inch from the stopper knot.



STEP 8

Check the fit on your wrist by pushing the stopper knot through the loop at the apex. You can adjust the fit by moving the knot up or down. The bracelet should fit snugly without being too tight. When you're done, trim all the ends and melt them with a lighter.



STEP 9

To wear, push the stopper knot through the loop to hold the bracelet securely on your wrist. If desired, you can also add wooden toggles, buttons, buckles, and other fastening methods. If you ever needed cord in an emergency, simply unweave the bracelet!